

# Discover Neighborhood Community

Bill Wolfson





# **How can we create a more effective & beneficial neighborhood Community in a portion of Framingham, MA**





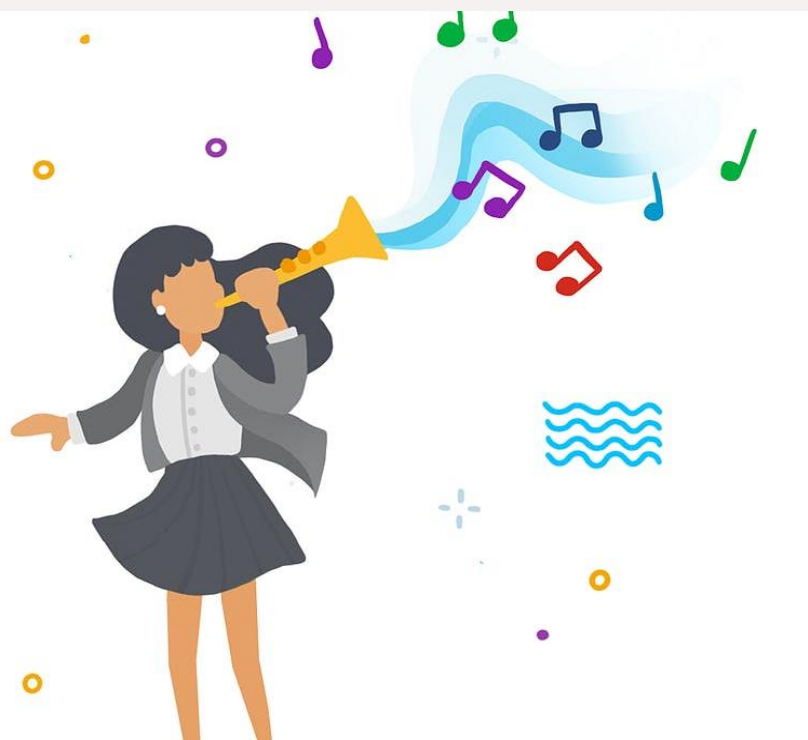
**The way to get  
started is to quit  
talking and  
begin doing.**

Walt Disney



**Purpose:** Create in a neighborhood organization people who works together to solve community issues, that has an attitude of “**We various I**” approach in dealing with others and believes the following:





**Concept of Ubuntu...** We are all part of one human family, We need each other and are responsible for each other.

# Working Together

# Team Members



# Neighborhood Needs:

- **Communication**
- **Loneliness & Isolation**
- **Problem Solving**
- **Fun**
- **Learning**



# Integrate Mental Health

How can we add support tools for helping people who feel loneliness & isolation improve their outlook of positive thoughts?

- CBT Cognitive Behavioral Therapy



# Getting Started

Taking the time to talk about our assumptions and what our norms should be can save time and accelerate results down the line. Setting ground rules is part of setting expectations for our performance. Meeting these expectations will build trust and improve accountability.

# Possible Foundational Skills

**Wisdom:** good decisions and taking the path that provides value to all (society)

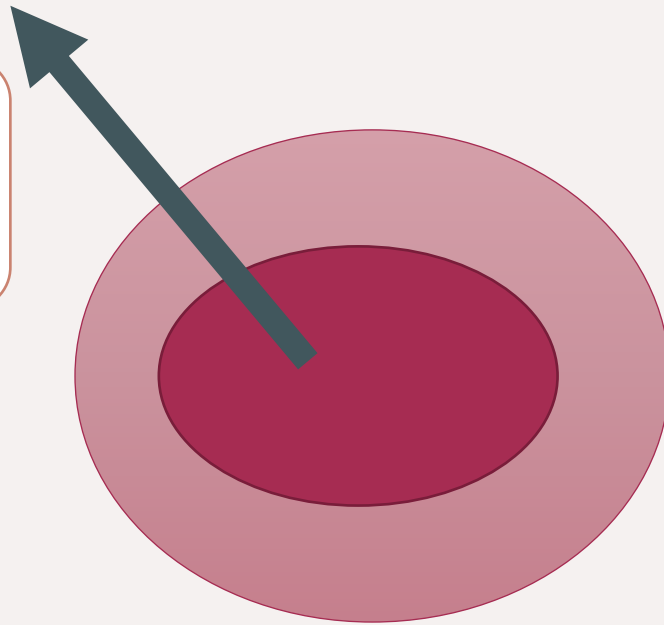
**Community:** People and relationships count,” We versus I” Attitude

**Social justice:** leaving the world a better place than you found it

**Purpose:** Sense of direction that you achieve your goals

# Start Small

**Build Out**



## Core Team

Create basic ground rules

Build some success

Look for new people



# Elements of a possible Community

Item	Description
Roles	Of individuals in the community
Interpersonal skills	Body language, Smiling, Greetings, Helpfulness, Caring, <u>Positive attitude</u> , The Platinum Rule( Bose corp.)_
Norms	What fun and innovative ways can we make the community better, Good collaboration, Think critical & creatively, <u>Self-regulation support</u>
Rituals	What actions or events do we want to do to learn, honor our team member, etc. What's on my mind intro.
Beliefs that are accepted	Learn from Failure” and “Make Others Successful, Focus on the customer and all else will follow, Do your best, Continuous improvement, Life-long-learner

# Values to discuss:

- Trust, Respect, Independence, Collaboration, Kindness, Listening, and Empathy

# Educational Values

- Social & Emotional Learning(SEL), Time-Management, Financial Literacy, Ownership. Dealing with Adversity, Quality, Mindset Thinking, Decision Making,

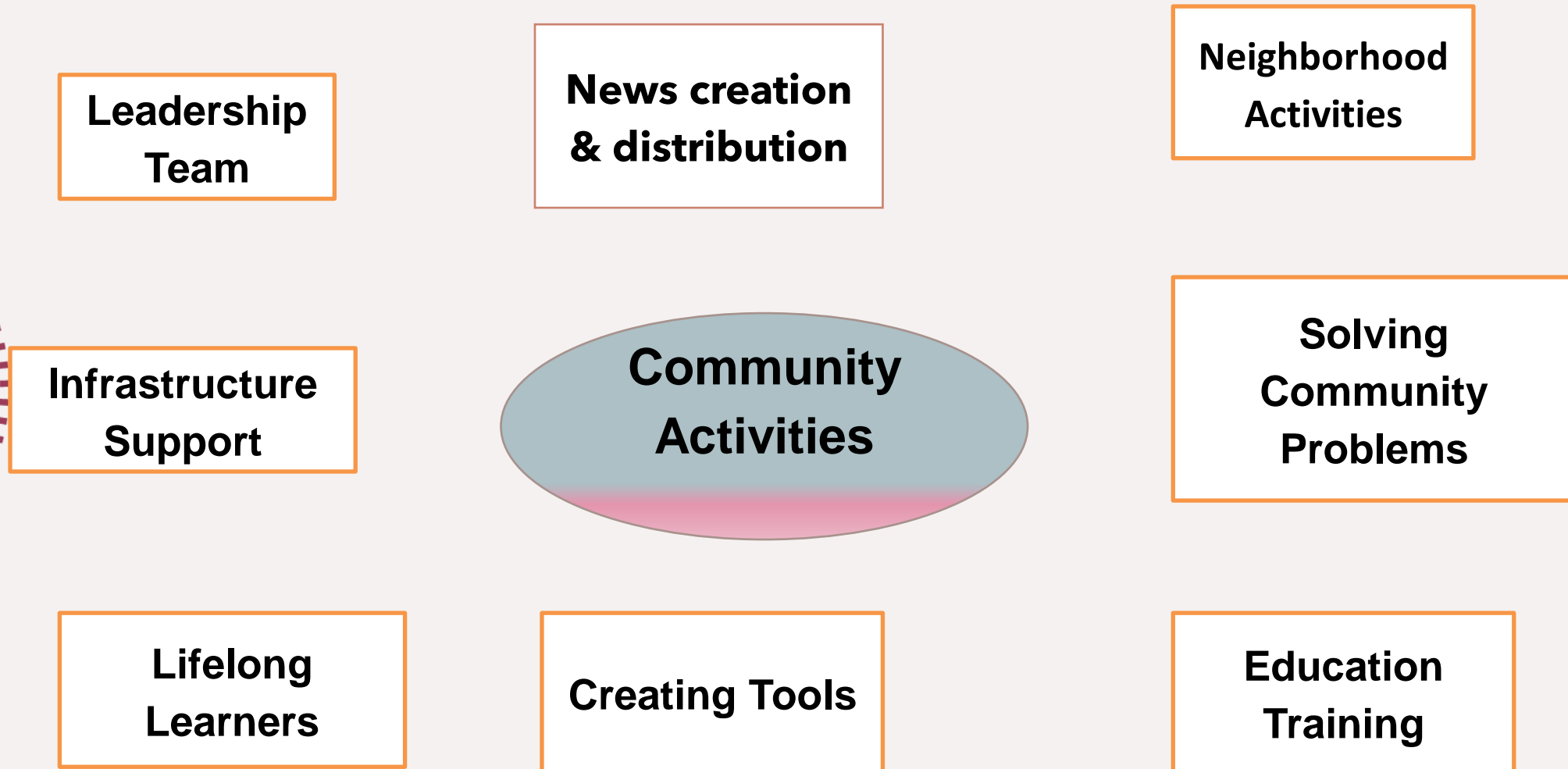


# Looking For...

**Strive that everybody has a role**

**Want everybody to reflect and  
provide input ... Group meetings**

# Examples Roles-Activities



# Thank You for Listening

Your comments

- **Next Step... Discussion**
- **Bill Wolfson**  
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