

Group activity as an icebreaker and creating a memory

Concept. The group of 7-10 people will discuss the idea for each member to create a script for a no longer than two minutes of a story they want to leave for their loved one. The story will be said by the person and recorded as a video for them to keep and share. The team/group will work together to help each member in generating the scripts.

Possible script subjects:

1. My favorite activity/Hobby
2. The fun thing I did as a child.
3. The place I like to travel too.
4. My favorite meal/ Restaurant
5. What makes me the happiest?
6. What can I do now to make my life (relationship, family, community) better?

How are we going to do this as a team?

Go around the room and give each person a chance to talk and discuss their chosen topic or lack of one. Help the ones that don't have a topic.

Secondly, each of us should write our thoughts on a plain sheet of paper we can read while recording it.

Go around the room again and have each person read their script. Discuss with the group and update if necessary.

Thirdly, the facilitator will record each person using Snagit software.

Each person should give their name and subject when beginning to reading there script. Smile and look towards the facilitator.

